HOMESOY... PURPLE SWEET POTATO BREAD



Ingredients

20g Daisy Margarine

150ml HOMESOY Original Soya Milk

20g Sugar 2g Salt

100g Purple Sweet Potato Mash

225g Bread Flour 3g Instant Yeast



Instructions

Purple Sweet Potato Mash

- Olean and chop purple sweet potato into cubes of about one-inch size.
- Place it in a large pot with just enough water to steam the purple sweet potato until tender.
- 3 Insert a skewer in different spot to test if purple sweet potato is evenly cooked. If skewer can be inserted easily, the purple sweet potato is ready.
- Peel off the skin and mash until smooth. Remove any rough fibres.

Bread

- Add margarine into the bread maker, followed by HOMESOY Original Soya Milk, sugar, salt, purple sweet potato mash, and flour.
- 2 Instant yeast is added as the final ingredient to the bread maker.
- 3 Select the basic program, light crust setting, and 1.5lb bread weight.
- Start the machine and occasionally help incorporate the ingredients into a dough.
- 5 Do not open the machine after 10 minutes.
- 6 Once the baking has completed, remove hot loaf from the machine and let it cool on a cooling rack.
- Oarefully remove the mixing paddle from the bottom of the bread using the hook provided. Caution that it is hot.